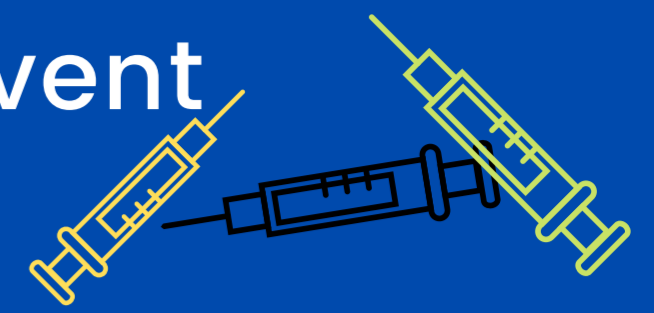


COVID-19 VACCINATION

Vaccines are the most effective way to prevent infectious diseases



THEY DO

- protect you and your child
- protect other people in your community
- undergo rigorous safety testing before being introduced
- reduce or even get rid of some diseases



THEY DON'T

- cause autism
- overload or weaken the immune system
- cause allergies or any other conditions
- contain mercury
- contain any ingredients that cause harm
- contain any animal products or egg



HOW TO GET IT?

- The NHS is currently offering the COVID-19 vaccine to people most at risk from coronavirus.
- You will be informed when it's your turn to have the vaccination by letter, text or email.



POSSIBLE SIDE EFFECTS

- a sore arm where the needle went in
- tiredness
- headaches
- feeling achy
- feeling or being sick



The COVID-19 vaccine is safe, effective and free of charge!!

HOW THEY WORK?

- They contain either a weakened or dead version of the virus, which cannot harm you.
- When you receive a vaccine, your immune system produces antibodies like it would if you were infected with the actual virus.
- The 1st dose of the COVID-19 vaccine should give you good protection, but you need to have 2 doses of the vaccine to give you longer-lasting protection.
- These antibodies remain in your body so if you are exposed to the virus in future, you don't become severely ill.