



# 2022 Annual Review

## Our Vision

To always be there when young people need us and to prevent exploitation wherever and however, we can.

## Our Mission

To transform the lives of children and young people in Derbyshire who are affected by child exploitation. We all have an idea of what being safe and sound is but the reality for many young people is very far from that. At Safe and Sound we are passionate that every child should live a life without exploitation but sadly still many are affected and far from safe. That's why we will work to prevent, support and help rebuild lives to a point where we are no longer needed, no matter how long that takes.



## About Safe and Sound

Since 2002, we have been tackling child sexual exploitation by providing high quality tailored one-to-one support to victims and young people at risk in Derby and Derbyshire. From 2019, whilst maintaining our specialism in sexual exploitation, we have expanded our services to include all forms of exploitation. Our vital work ensures that individuals receive the support they need to move forwards in their lives.

## Our Priorities

### Awareness

Working with young people, parents, communities, professionals and corporate organisations. Influencing and contributing to the learning, education and research data at a local, regional and national level.

### Support

Working one-to-one and in small groups with families, young people, vulnerable adults and identified vulnerable communities.

### Prevention

Engaging with young people through school and outreach activities and providing intervention at the earliest opportunity.

### Recovery

Working in partnership and through activities, transition and therapy to help young people and families move on with their lives.

“ I didn't know about all the rights and it was a shock to see how many rights children have. When you hear about people's rights you never hear about the rights for children, it's always the rights for adults. ”





## A message from our CEO, Tracy Harrison



2022 has been an incredible year with a growing programme of youth activities and therapeutic services.

Our workload increases year on year both with young people directly affected by exploitation as well as the wider family.

Although our primary focus is to ensure young people are safe from exploitation and work with them to recognise and come to terms with their experiences, we have a growing emphasis on organising positive activities to build their self confidence and esteem to ensure they can move forward with their lives.

It is equally as important to support the wider family who have been affected by exploitation - particularly with siblings to reduce their own vulnerabilities to grooming and exploitation.

I would like to pay tribute and thank:

Our children and young people who have inspired us through how they have grown and what they have achieved.

My wonderful team, volunteers, ambassadors and trustees for helping us keep our children as safe as possible.

Partner organisations, businesses and supporters - you have helped us transform lives.

Tracy Harrison, CEO



Safe and Sound celebrated it's 20th Birthday with an event to recognise our supporters, young people, families and colleagues.



Mark Richardson, partner at BB&J Commercial took over as Chair of Trustees after two years as a trustee.



Safe and Sound worked in partnership with Derby City Council on the 'Safe Derby' campaign to challenge and prevent violence against women and girls.



Ambassador and actor, Molly Windsor, was recognised with a High Sheriff's Certificate which is awarded to those who go above and beyond for their local community.



Safe and Sound became the first in the UK to be officially recognised as a Youth Rights Champion by national organisation, The Association for Young People's Health (AYPH).



Our parent peer support group now work as Parents as Partners developing resources and a video to share with the police and social care to aid partnership working between parents and agencies.

“Thank you so so much for this summers activities and the toys and food. Our child is absolutely made up and he's not even seen the abundance of toys yet. I don't know how you've managed it but "what an amazing array of things to do"”



## IN THE LAST YEAR

- We supported a record **346** children and young people aged eight and above who have been victims or at risk of child exploitation.
- We supported **40** families through our family service.
- **77** families were supported through the pilot year of Family Group Conferencing which is a key service to help families stay together with support from their wider family.
- Through **83** outreach sessions in 2022, we engaged with **3206** children and young people in Derby City and Swadlincote.
- We supported over **100** parents and young people through the HAF programme with food and activities during Easter, Summer and Winter.
- We have raised awareness through **119** training and awareness sessions reaching **4043** people young and older.

## OUR IMPACT

**100%** of young people had a reduced risk of exploitation

**98%** of young people said they had improved relationships with their friends and family

**98%** of young people said they were more aware of their rights

**94%** of young people had a reduced risk of going missing or associating with risky peers/adults

**82%** of young people said their home life had improved

Young people reported that their mental health, physical health, confidence and self-esteem had improved by **25%** on average.

“

**I've stopped self harming since I've met you and you always know how to make me feel happy and you make me feel like I'm confident again and I couldn't ask for more cuz u helped me to understand what relationships are toxic and not**

”

# YOUNG PEOPLE'S STORIES

THEIR NAMES HAVE BEEN CHANGED TO KEEP THEIR IDENTITIES PRIVATE

My 12-year-old son has EHCP and has hidden learning difficulties and complex needs. He has experienced bullying in his local community and been groomed online making the world he experienced very small and reduced to his bedroom.

He really struggles with socialising and with relationships, especially with peers. He count not string two words together when in contact with new people, lacked confidence and simply couldn't speak to young people his own age.

He has been attending the Safe and Sound weekly table tennis club for six months and has really benefitted from this support.

He has very slowly grown in confidence and maturity and this activity, in tandem with one to one support from a mentor also provided by Safe and Sound, has given him the focus he needs.

This support and his development also helped him to attend his new college placement with more confidence and he is slowly but surely going from strength to strength after the positive outcomes and experiences he has had with this group activity.







## THANK YOU!

We thank all our supporters for their continued commitment to Safe and Sound. Their generosity means we are ready to meet the needs of children, young people and families affected by child exploitation. We have received amazing support from businesses and community supporters with funding and pro bono support.

## OUR MAIN SOURCES OF GRANT FUNDING

BBC Children in Need, Big Lottery Fund, Tom Carey, Derby City Council, Derbyshire Constabulary, Derbyshire County Council, Esmee Fairbairn Foundation, Garfield Weston, Rotary of Derby, The Leathersellers' Company Charitable Fund, Holiday Activities and Food Programme, Henry Smith, 29th May 1961 Charitable Trust, The Fore, Masonic Charitable Foundation, Pixel Fund, Toyota Manufacturing Charitable Trust, The Kelly Family Trust.

## OUR LOCAL SUPPORTERS

Colleague Box, Creationz Marketing, Dains Accountants, EVAD, Cosy, HSBC UK, JJ Public Relations, LoatesHR Consultancy, UpRight Derbyshire, Derbion, The Butler's Pantry, Derby's Finest, The Circle Club, BB&J Commercial, Motion Vehicles, Melbourne Print, Wathall's Funeral Directors, Invictus Communications, So Good Kombucha, NK Motors, LogicBarn.